

# 精選套餐

## Luncheon Menu

湯  
*Soup*

(北) 麥冬豬腱養生湯  Double-boiled pork shank consommé with dwarf lilyturf tuber (136 kcal)

南北點心  
*Dim Sum*


(粵) 水晶蝦餃 Steamed crystal shrimp dumpling with bamboo shoot (76 kcal)  
(京) 雞脾菇煎盒子 Pan-fried pork and king oyster mushroom turnover (77 kcal)

燒臘  
*Barbecued*

(粵) 錦繡玉鴛鴦 Tossed shredded roasted duck and simmered chicken fillet with assorted melon (104 kcal)

熱菜  
*Hot dishes*

(每枱請選擇三款熱菜) ( Please select any 3 dishes for **each table** )

(粵) 翡翠炒珊瑚桂花蚌 Sautéed carol clam and sea cucumber mussel with seasonal vegetable (61 kcal)  
(京) 魚絲賽螃蟹 Stir-fried egg white with shredded conpoy and fish fillet (71 kcal)  
(客) 家鄉扣釀涼瓜  Braised bitter melon stuffed with minced pork 學員創意菜式 -“野菌煎羊柳卷” (130 kcal)  
(學) A creation dish from our students Pan-fried slice of lamb loin rolled with mushroom (107 kcal)  
(滬) 奶油扒津白 Braised Tianjin cabbage with cream sauce (93 kcal)

麵  
*Noodle*

(滬) 香蔥開洋菠菜麵 Tossed spinach noodle with dried shrimp and scallion oil (212 kcal)

甜點  
*Dessert*

(粵) 蜜瓜忌廉布甸 Chilled honey-dew melon pudding (97 kcal)

Lunch menu \$160 per person

Tea charge \$10 per person



: The dish has less fat or oil, salt and sugar



: The dish has more fruit and/or vegetable



: The dish contains chilli and is spicy



Member of VTC Group  
VTC 機構成員

24 Summer set lunch menu B

# 散點菜式

## A La Carte Menu

Welcome to supplement your set menu with any of the following dishes.

			HK\$
湯 <i>Soup</i>	(粵) 雞茸燴燕窩 (需預定) Braised bird's nest soup with chicken purée (Advance order is required)	 (113 kcal)	<b>168.00</b> (位)
開胃小食 <i>Appetisers</i>	五香牛腱 Marinated beef shank fillet in five spices	(126 kcal)	<b>68.00</b> (例)
	琥珀合桃 Honey-glazed fried walnut	(263 kcal)	<b>38.00</b> (例)
熱菜 <i>Hot dishes</i>	(閩) 滋補佛跳牆 鮑汁炆花膠、海參、沙井蠔、豬蹄筋、鮑魚、 花菇及大根 (需預定) Braised fish maw, sea cucumber, dried oyster, pig sinew, abalone, Shiitake mushroom and turnip in abalone sauce (Advance order is required)	(207 kcal)	<b>180.00</b> (位)
	(順) 均安煎魚餅 Pan-fried minced dace fish cake with Chinese celery	(78 kcal)	<b>65.00</b> (例)
飯 <i>Rice</i>	(粵) 茄汁素雞絲飯 Fried rice with tomato puree and shredded bean curd sheet roll	 (199 kcal)	<b>48.00</b> (例)
甜點 <i>Dessert</i>	(北) 雪菊桃膠桂圓茶 Sweeten dried longan soup with snow chrysanthemum and peach gum	 (165 kcal)	<b>18.00</b> (位)

食物份量可因應要求而酌量減少  
Portion size can be reduced on request

所有食物無添加味精  
No msg (monosodium glutamate) is added to our dishes



The dish has less fat or oil, salt and sugar, meeting the 3 less requirements.



The dish has more fruit and/or vegetable.



惠顧任何一款「蔬果之選」或「3少之選」，即送精美健康蔬果小食一客。

Free healthy appetiser with fruit and vegetable when you order any

"Fruit and Vegetables" or "3 less" dish